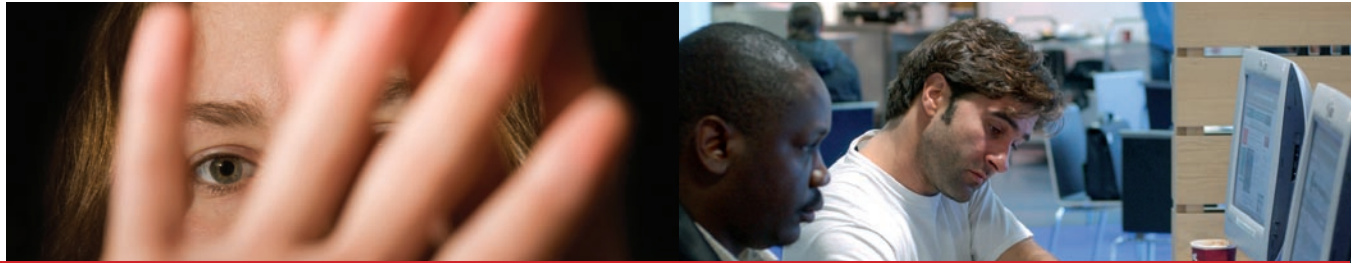


Scottish Centre for Healthy Working Lives (SCHWL)

The Scottish Centre for Healthy Working Lives is tasked with helping employers and all its partner agencies come together to create a much healthier and more motivated workforce by offering free, confidential workplace visits, practical information and advice and a structured Award Programme. Whatever people want to do for a living and wherever they are in Scotland, it is the vision of Healthy Working Lives to provide the opportunity to work in ways that allow workers not only to sustain, but also improve, their health and well-being.

Scottish Centre for Occupational Safety and Health (SCOSH)

The Scottish Centre for Occupational Safety and Health was established by the University of Strathclyde to provide a focus for education and training in the field of Occupational Safety and Health. A primary objective of SCOSH is to encourage and support the creation and maintenance of a safe environment for the 29 million people engaged in work in the United Kingdom today, as well as the general public.



Entry Criteria

The normally entry requirement for this course is a first degree or equivalent work experience. Access to a broadband internet connection and a basic working knowledge of computers are essential for participation.

Centre for Lifelong Learning

Certificate of Professional Development in Workplace Health



Contact

To find out about course start dates, fees and registration information, please contact:

SCOSH, Centre for Lifelong Learning
University of Strathclyde
Graham Hills Building
40 George Street
Glasgow G1 1QE.

Tel: 0141 548 4147
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www.strath.ac.uk/cll/cpd

The University of Strathclyde is a charitable body, registered in Scotland, number SC015263.



This professional development course in Workplace Health is offered by the Scottish Centre for Occupational Safety and Health (SCOSH, Centre for Lifelong Learning, University of Strathclyde) in collaboration with NHS Health Scotland and the Scottish Centre for Healthy Working Lives, as part of their commitment to continuing professional development.



The aim of the course is to increase participants' knowledge and critical understanding of workplace health matters. The course is unique in that it integrates health and safety, occupational health and health promotion and has a major objective of promoting collaboration between different disciplines.



Who should attend?

The course has been designed for people working in a range of jobs and will appeal particularly to those involved in occupational health, health promotion, health and safety, trade union representation and human resources. General Managers with responsibility for workplace health issues will find that this course brings together the key elements they need to cover. The course is also suitable for those wishing to broaden their occupational health, safety and wellbeing knowledge in relation to their workplace.

Course Content

This course has been designed to allow students to study by distance learning through the use of online course content with tutor support using the University of Strathclyde virtual learning environment, LearnOnline. The course will involve around 180 hours of study over a 29 week period, with appropriate holiday intervals.

What's Involved?

Introduction to workplace health: what is encompassed by 'workplace health'; the main players; participation, education, training, consultation, involvement; Trades Unions; risk; key issues.

Workplace health and health promotion: an introduction to health promotion; workplace health promotion; meaning and background to workplace health; personal experience of work and health; stakeholders and experts; role of government; alcohol and the workplace; smoking and the workplace; workplace stress; controlling stress; bullying and harassment; work-related violence; groups of workers particularly at risk; work/life balance; women at work.

Influence of work on health – occupational health: introduction; the multidisciplinary team; the occupational health journey including, for example, health surveillance, taking an occupational history, sickness absence, rehabilitation, return to work; specific occupational illness, for example, occupational respiratory disease, hand arm vibration, musculoskeletal disorders.

Influence of work on health - management of health and safety: Health and Safety at Work, etc. Act (1974); safety management systems; the 'four Cs' of safety management; safety policies; organizing for safety; planning and implementing; monitoring; audit and review; risk assessment; ergonomics; chemical safety; manual handling; display screen equipment; electricity; workplace health in small and medium sized enterprises.

Planning a workplace health initiative: introduction to needs assessment; purpose of needs assessment; theory of needs assessment; practice of needs assessment; data sources and methods of data collection; stakeholder analysis; planning a workplace health initiative.

Evaluating a workplace health initiative: value and purpose of evaluation; challenges faced in evaluation; definitions; different approaches to evaluation and design; participatory evaluation/action research; framework for workplace health evaluation; developing a plan for evaluation; conclusions.

Implementation of workplace health – organizations, systems and management: organization, systems and management; organizational theory; workplace health specialist as a consultant/change agent; organizational development; quality management; participation of the workforce.

Implementation of workplace health – social marketing: defining social marketing; social marketing problems; key concepts in social marketing; developing a social marketing plan; social marketing and workplace health; conclusions.

